Dr.
Schumacher

We protect your health.

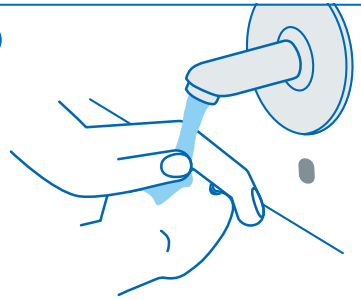
Presurgical hand washing

When:

- At the start of the work day when surgery will be performed, or before entering the surgical wing
- Approx. 10 minutes before surgical hand disinfection, or at the latest just before putting on surgical clothing
- When soiling is visible and after using the toilet

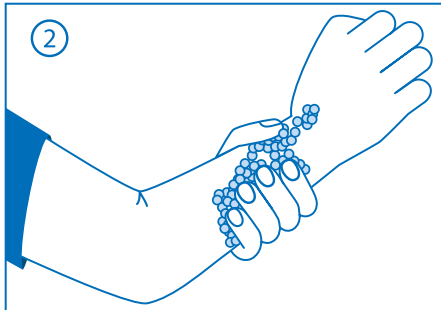
Note: Fingernails should be clean, cut short, with no polish, no artificial or gel nails.
Avoid wearing jewellery on hands and lower arms (i.e. rings, bracelets, watches).

1



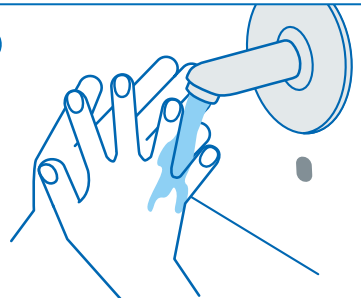
Thoroughly foam up the washing lotion between the palms and wash hands.

2



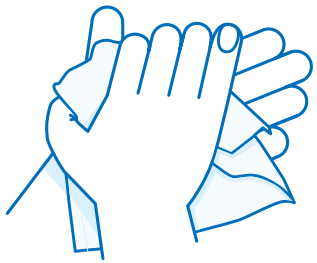
Wash lower arms to the elbows with finger tips facing upwards and elbows down for approximately 30-60 seconds, using more washing lotion if necessary.

3



Rinse hands and lower arms thoroughly with water, with elbows pointing downwards, paying special attention to the areas between the fingers. Clean nails and nail fold with a brush if soiling is present.

4



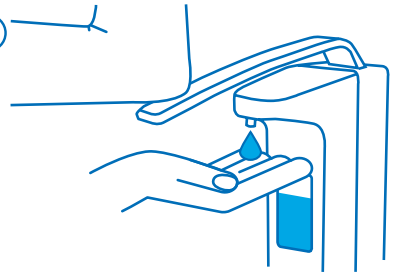
Dry hands and lower arms with a disposable towel.

Surgical hand disinfection

When:

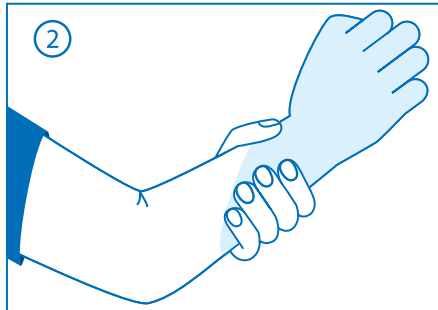
- Before putting on sterile surgical gloves when surgery is planned
- Before contact with sterile medical devices or materials
- Before other procedures with antiseptic requirements

1



Wet hands thoroughly with hand disinfectant.

2



Completely wet lower arms to the elbows with hand disinfectant.

3



Thoroughly rub hand disinfectant into all areas of the hands, paying special attention to the fingertips, nail folds and areas between the fingers. Keep hands and lower arms wet throughout the exposure time, gradually adding more hand disinfectant as necessary.

4



Allow hands to air dry completely before putting on the surgical gloves. Contact with non-disinfected areas of skin should be avoided.

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