



Dr. Schumacher

Hygienic Hand Disinfection

Handrub procedure

- Apply a sufficient amount of hand disinfectant into your dry, cupped hands.
- Hands should be kept well moistened with the undiluted disinfectant during the entire contact time.

- Perform hygienic hand disinfection for at least 30 seconds.
- Pay special attention to main contact points, finger tips, thumbs and cuticles.

- Do not wear rings or watches when disinfecting hands. For optimal effect, keep finger nails short.
- Additional cleansing of hands with water and soap is only necessary when visible soiling remains.

